

INTRODUCTION TO CULTIVATING YOUR INNER ECOLOGY

using personal health to
gain agency of environmental issues

MAY 15, 2016
10am - 5pm

the commons
388 atlantic ave
brooklyn ny

*we are plagued by the notion that there is a difference between
human and natural environments. but in truth we humans are part of nature.*

the old philosophy and science of taoist clinical medicine not only gave rise to acupuncture, chinese herbal medicine, tai chi, qi gong, and meditation, but also provides us with an opportunity to understand more clearly our own nature. by recognizing the harmony of natural environments and learning to apply the tactile language of natural systems to ourselves we can gain agency over our personal health. this in turn is the very real foundation of our human effect on the environment.

in this introductory workshop we will begin by exploring the concepts that link personal health with natural systems, including organ systems described as natural elements and human pathology described as climactic forces. we will then dive further into the practical remedies this information suggests. finally, we will arrive at the core of our potential as human beings to become conscious in our cultivation of healthy well balanced ecosystems both within and without of our personal selves.

baylen karl slote
is a practitioner of taoist clinical
medicine including acupuncture,
traditional chinese herbs, qi gong,
and meditation. he lives in
montpelier vermont.



\$40-\$60
sliding scale

TO REGISTER
or for more information:
contact@homebiome.com